

Clarke Courier

Volume LVIII

Issue 9

Clarke College, Dubuque, Iowa

Friday, December 12, 1986

Hypnotist still popular at Clarke

by Vicki Schmitt

"With the sound of my voice, you will fall slowly into a relaxed state, just letting yourself go." This was only some of the dialogue heard in the Clarke Union last Friday night. With the lights dimmed and a red light flickering, Jim Wand performed his hypnotist show with many eager participants.

Wand has been hypnotizing people for eight years. He became interested in hypnosis when he was a freshman in college. "I was very overweight and I was afraid to speak in front of people," said Wand. "I went to see a doctor in Chicago and was advised to be hypnotized." Wand tried hypnosis and he took off the pounds. Ever since that first visit, Wand became interested in

hypnosis.

Wand has studied all over. He received his Bachelors degree at Loras and his doctorate degree at the University of Wisconsin. He also took a few classes here at Clarke.

Wand has worked with famous people such as Sylvester Stallone and some of the Chicago Bears. Along with hypnotizing, Wand learned self hypnosis. "It took me about three months to perfect the techniques and now I can perform self hypnosis in two minutes."

Being a hypnotist is fun according to Wand. "I can remember parent's weekend at Marquette University when there was an audience of 1500 people. A parent in the audience became hypnotized and thought he was a bird," said Wand. "He did

make a good bird."

"Anyone can be hypnotized if they want to be. No one can be forced to be hypnotized if they do not want to be and if they are hypnotized they cannot do or say anything that will make them feel uncomfortable," said Wand.

Some of the Clarke participants share what they thought of hypnosis.

Lisa Morrison said, "I was feeling very happy. I was totally relaxed but the relaxation went into different stages. It was like I was falling deeper and deeper." She said she

especially liked "fighting with the other students."

Shelly Boudreau, was pulled from the audience after falling into deep relaxation. "I didn't think I could get hypnotized," she said. She described the experience as being very relaxing and comfortable. "I felt like I was in a dark room. The thing that surprised me the most was how fast the time went. It seemed like I was on stage for about 30 minutes but it was an hour and a half."

Carol Templin will find out if her post-hypnotic suggestion will work

out at finals. Templin wanted to have better study skills. "I am studying now. I will just have to see what happens." Templin described her experience as weird because she was in total control. "One thing I thought was weird was I was aware of everything I had done." After being brought out of the hypnosis, Templin felt very energetic.

Anyone can be hypnotized if they want to be. Hypnosis has helped many people with stress, overweight, smoking, study skills and memorization.



Jim Wand talks to Jennifer Harrington about what she's painting while she and other Clarke students are under hypnosis. (photo by Vicki Schmitt)

Cue gets the job done

by Kelly Smith

Pleasant and outgoing, Steve Cue is the number-one man who keeps the plumbing and electrical services in check at Clarke.

Although Public Relations Director is not his title, Cue's excellent rapport with students, staff and faculty deems him a natural at communicating. "I'm in constant contact with everyone from the president of the college to part-time students," said Cue. "Everyone has a good relationship going and that makes for very pleasant working conditions."

Previously employed by FDL Foods, Cue decided that he needed a change in occupation. He came to Clarke in April, 1982, and said that he likes the freedom that comes with his position. "We're more or less allowed to do things in the order we feel is most important."

Adequate work facilities and easy access to needed equipment is also a plus. "There is never any trouble in getting whatever equipment may be needed for a particular job," Cue said. "Of course, we are limited to what we can do. If we encounter a job that is not within our capabilities, we have other sources to contact."

Although plumbing and electrical work are his specialties, Cue said he has done everything from installing air conditioners to repairing telephones. He also included that much attention is demanded in many areas to keep the buildings going.

With all of the different facets to his job, Cue said that it's the versatility

that keeps him from getting bored. "Sometimes individuals who are unhappy with their jobs look for excuses not to come to work," Cue said that people need to find jobs that are enjoyable and fulfilling for them because "everyone needs to have a sense of self-pride at the end of the day."

In keeping with his ambitious attitude, Cue said that he would eventually like to take some photography and computer science courses. "My kids come home from school and try to relate what they're working on in computer class," Cue said, "and I haven't the faintest idea what they're doing."

Cue believes that sooner or later all of the departments will be run through computers and that for inventory purposes a computer would be particularly beneficial in his department.

Cue's demanding work schedule does not easily lend itself to the free time needed to take classes or enjoy hobbies. However, when Cue can squeeze it in, he likes to hunt and go fishing. "Last summer I started jogging," said Cue. "It's not as boring as I thought it would be and sometimes my hunting dog, Shane, goes along. We're basically fair weather joggers though."

Cue and his wife, Carolyn, have three children, Vickie, 15, Shelly, 13, and Brian, 8. Together they enjoy playing family volleyball on Saturday evenings at St. Patrick's Church.

Critic pleased with 'Butler'

by Gretta Berghammer

Clarke College's production of Joe Orton's *What the Butler Saw* is one of the better farcical performances I've seen this year, and the best overall production of this play I've ever seen.

All the actors were strongly committed to the style and "reality" of the piece. Timing, pacing and rhythms were nicely orchestrated by Director Timothy Porter to achieve a production that paid service to both Orton's comic wit and biting social satire. Porter deftly combined language, physicalization and visual variety to create a production that com-

municated plot, theme and character.

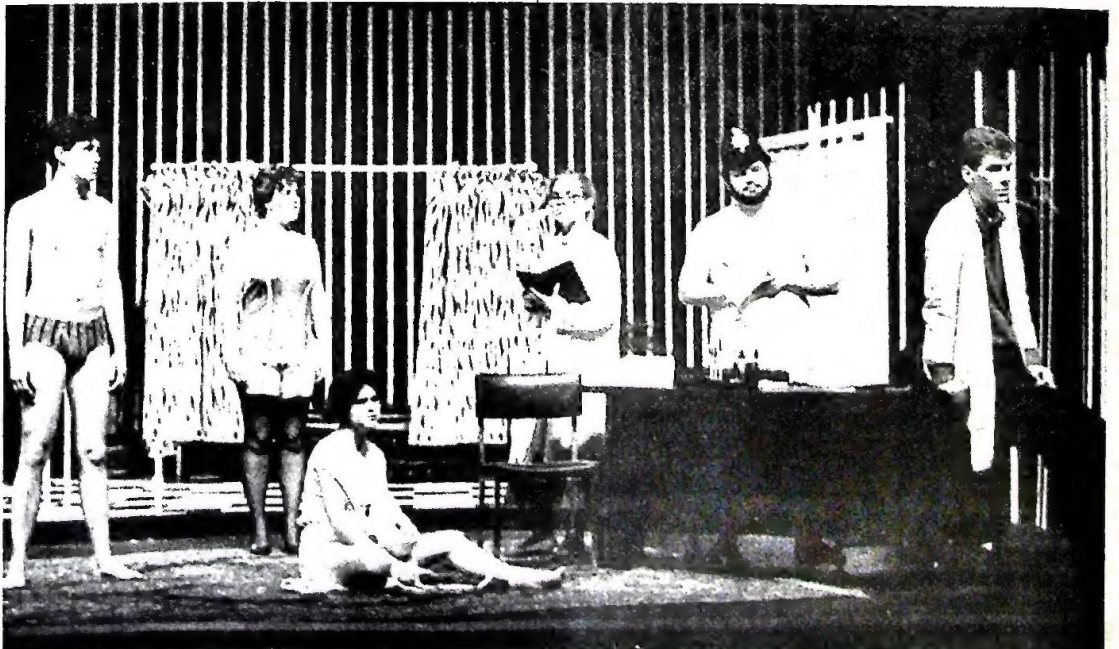
The cast was technically very even. All the actors were comfortable with the language and dialect, and brought a sincerity to the piece that made the farce "real" for me. The actors really talked and listened without commenting on the humor or satire. I was particularly impressed with the performance of Melody Fadness. Her portrayal of the traditionally male role of Dr. Rance was very sharp. I admired her use of the language and physicality in creating a very believable three-dimensional character. She was a strong

character, and the other actors seemed to relax and play off of and with her most confidently.

Ellen Gabrielleschi's set marvelously interpreted the distorted reality in which Orton sets his play, and Penelope Koob's costumes deftly interpreted the "distinguishing" qualities of the characters at hand.

Timothy Porter and his company of actors are to be commended for an energetic, entertaining and imaginative production.

Critic Gretta Berghammer is an assistant professor in the theater department at the University of Northern Iowa.



From left, Mike Bisping, Maureen Bradley, Bridget Garvin, Melody Fadness, Brian Baker and Doug Rodman perform in a scene from "What the Butler Saw." (photo by Hank Goldstein)



Steve Cue plows the snow off the sidewalk after the first snowfall in November. (photo by Sue Dixon)

Editor graduates



by Lorna Japsen

Another semester is coming to an end. As many students are packing to go home for Christmas, I'll be preparing to enter the "real world."

Yes, I'm now looking forward to bills, responsibility, independent living and, hopefully, a real job. Last week NBC News reported that there are fewer jobs for college graduates; but, the lucky people who find jobs will get higher salaries.

As I look back at the past three years I realize that I've learned quite a bit at Clarke. As a communication major, I've learned how to write complete sentences. (That is a major accomplishment around here.)

As some of you know, I've edited the Clarke Courier for the past year. This experience has taught me that I never want to work for a newspaper. Sure, there have been some good times, times that I wouldn't give up for the world. But, there have also been some frantic, tense, exasperating times. I can live in the world of deadlines. It's when the people around me didn't that I wanted to give up.

Along with all the many changes at Clarke, the Courier has also changed. The staff has tried to make the paper something worth reading. We've tried to forget that most people don't read it no matter what we do. (If they did, I'm sure we would have received more comments, either positive or negative.)

Kathy Wieland will be editor next semester. Marie Rank will take the position of associate editor. I wish them all the good times I had without all the problems. I realize this is a pipe-dream, but wish them well anyway.

I also want to thank Mike Acton for being the best teacher I ever had. He helped make my sometimes overwhelming job more bearable. He taught me that a sense of humor is the best defense in any situation.

Good luck to everyone left here at Clarke. Merry Christmas. Ha! Ha!

Vacation advice offered



by Brian Baker

With finals week and Christmas vacation right around the corner, I thought I'd let you know how to survive both final examinations and the return to prison, ahem, parental guidance. These suggestions come to you after many years of final exams and prison escapes/returns. Follow them for a survivable return to THE REAL WORLD, the one that exists outside of college life. And good luck.

Final Examinations

There is no way to survive final examinations short of rioting, looting and studying, not necessarily in that order. It is important to give yourself a certain amount of release each day. Some achieve this release through attending the CSA sponsored study breaks; others, through primal scream techniques. Last year some of the students attended a jello wrestling festival at one of the local bars.

Whatever you decide to do remember not to inflict your choices on others. While you may find a certain release listening to Perry Como cranked up so loud that the people in Mary Fran can hear your music when you reside in Mary Ben, the people in Mary Fran (who are renowned for their good taste) will probably hunt you down and kill you. Tension is always high at finals, but especially in Mary Fran because they are all upper classmen and the REAL WORLD is beating on their door, waiting to devour them.

After the longest week you will ever experience, you will pack your bags, leave your books behind and go home. This can be a very traumatic experience. So traumatic, in fact, that some students choose to stay at school or visit friends during this

break, choices I find completely acceptable if the alternative is open to you. If not, you can expect to undergo four stages of withdrawal from college: elation, boredom, tension and anticipation. Some scholars offer a fifth category of intoxication, but in deference to the freshman and others who are not of age or choose not to imbibe, I will only suggest that it is an area which must not be neglected during your vacation.

Elation

Your finals are over, you've bid your friends a teary farewell and you're finally on your way home. No assignments, no textbooks, no sharing a washer and dryer with a dozen people, no more cafeteria food. It will be great to be away from everyone for a few weeks, to see your parental units. Nothing but fun awaits.

This, of course, is a pipe dream. The thrill of leaving college and all its responsibilities has overtaken your fear of leaving an environment which has helped to mold and form you into a young and independent person. You are exchanging your freedom for a little taste of the safety you once felt at home, a safety you will learn to despise.

Boredom

Depending upon your environment, your personality and your family pets, boredom will strike you sometime during your semester break. For most people, the "big B" will strike as soon as they are out of their last final; for others, as soon as crossing the threshold of their family home. The best ways to combat boredom are watching cable TV, visiting old friends and hometown haunts of yesteryear. Of course, cable TV becomes repetitious after a week, old friends aren't always as interesting after a semester (and definitely not as interesting after two or three years) of college.

It is at that time you should visit the familiar places of your youth, especially shopping malls, movie theaters and bars. This last suggestion, of course, is for the bold and adventuresome few who wish to delve into the fifth category, which I said I would not discuss, but I do recommend considering it.

Tension

Usually after Christmas has passed and the feeling of peace and goodwill to all on earth has been boxed

away with the other seasonal decorations, there will be a certain feeling of anxiety that will overcome you. This feeling will be verified when your grades arrive in the mail and your parents wish to discuss them with you, or when they want to know how anyone could possibly spend so much time on the phone talking long distance.

Basically, you will find that your parents will treat you less like a guest and more like a child as vacation drags on. You and your significant other may get into an argument, and your friends will want to spend more time bathing the dog or brushing their teeth than talking about the good old days with you. It is at this point I encourage you to partake in an examination of your soul and your life through participation in category number five.

Anticipation

As January 12, 1987, approaches, you will spend a lot of your time doing your laundry, packing and thinking of stories to tell your Clarke friends about how much fun you had at home. You will bid a teary farewell to your friends and family, climb into the mode of transportation you will be using to get back there and start to smile for no apparent reason. To celebrate your survival, you might even open a bottle of something sweet and sympathetic, like Andre champagne or Jack Daniels Black Label. When you are back, you will probably spend more time babbling with your friends and neighbors than unpacking. Life will once again be yours to do with as you please.

About one week after your arrival at Clarke, you may find yourself asking the question, "Why am I here?" The answer, of course, is because it beats the hell out of home.

Reminders

First, please be careful about drinking and driving. You might spill your drink and you could really mess up your life big time. Second, Iowa's mandatory seatbelt law goes into effect on January 1, 1987. Don't get sent to prison because you weren't wearing your seatbelt. Hit the officer who writes the ticket and get sent to prison for striking an officer, not for refusing to wear your seatbelt.

Finally, a fond farewell to those seniors who graduate and to those who will not be returning to Clarke for one reason or another. Merry Christmas and Happy New Year everyone. See you next semester.

Clarke Courier

The Courier is published weekly during the school year except during breaks and examination periods by the students of Clarke College. The Courier is a member of the Intercollegiate Press Association.

The Courier welcomes any comments or letters to the editor. All letters must be signed. The editor reserves the right to edit letters when necessary and to refuse letters unsuitable for publication. All correspondence should be addressed to the Courier, Box 596.

Editor: Lorna Japsen
Associate Editor: Kathy Wieland
Photography Editor: Sue Dixon
Staff Writers: Linda Allendorf, Judy Bandy, Mary Ann Bries, Susan Donovan, Becky Ede, Audrey Goedken, John Mamer, Bridget Mooney, Dennis Noggle, Vicki Schmitt, Kelly Smith, Mike Sharp, Theresa Trenkamp, Paul Tringale, Jo Ann Turner, Cindy Vande Drink and Johann Willrich.
Production: Judy Bandy, Sue Dixon, John Kemp, P. Marie Rank, Kelly Smith, Theresa Trenkamp and Cindy Vande Drink.

Photographers: Jim Goetz and John Kemp.
Adviser: Mike Acton



Happy Holidays
from the Courier Staff

AIDS sparks unreasonable fear

by Colleen S. Brems

Recently there has been a significant increase in media coverage of the disease we have come to know simply as AIDS. This issue has been examined in numerous magazines, TV specials and local papers, yet there seems to be a feeling that AIDS has very little to do with us in Dubuque, Iowa. Some people think it only happens to others, and if "I'm not a gay male or IV drug user I need not be concerned." This may be part of a normal developmental stage, including a feeling of invulnerability associated with 18-25 year olds, or simply wishful thinking. This thinking, however, unrealistic and inappropriate.

AIDS is an extremely complex issue and even if each of us is lucky enough never to have the disease or to know someone who has it, we will still be affected by it. The consequences of AIDS are staggering to the imagination. These include issues related to health care and increasing health care costs, insurance coverage and individual versus society's rights.

These issues must be examined not simply in terms of their impact in the U.S. We must recognize that AIDS is a worldwide epidemic with worldwide implications. Because of the complexity of these issues, only

the emotional responses of the general public will be examined at this time.

Public responses may include such irrational beliefs as: "AIDS is a punishment from God for sinful behavior, AIDS can be caught by being near someone with AIDS or that all AIDS patients should be quarantined."

More reasonable responses include feeling totally overwhelmed by the complexity of the problems. Denial of the severity of the AIDS epidemic falls somewhere in between. This mixture of unrealistic fear, anger and denial can be understood as related emotional responses of fear to a threat to one's survival.

Fear can be a healthy motivating factor that assists in our survival, but fear can also be destructive.

AIDS is an epidemic to be feared, but this fear needs to be based on facts not ignorance. This fear should be harnessed to provide the motivation for responsible, safe behavior, not excuses for irresponsible prejudicial behavior. Factual education regarding how the disease is spread and what it means in relation to each of our lives is essential. This allows individuals and groups to make responsible decisions and modify behavior based on accurate information rather than emotional responses

based on unreasonable fears.

We know that AIDS is a blood borne, sexually transmitted disease and that sharing of intravenous needles and sexual activities involving exposure to infected blood and semen significantly increases the risk of acquiring the disease. We also know from studying who has and has not gotten the disease (epidemiology) that it is not contagious to others who have close, but not intimate contact with individuals with AIDS. Victims of AIDS are being cared for in their homes or in hospitals and those around them are not catching the disease.

The Center for Disease Control (CDC) is the official agency in the U.S. responsible for setting standards for the prevention of communicable diseases. This agency, which sets standards to error on the side of excessive caution states "The kind of nonsexual person-to-person contact that generally occurs among workers and clients or consumers in the workplace does not pose a risk for transmission of HTLV III LAV (the virus causing AIDS)."

This clearly demonstrates that individuals with AIDS need not be feared in work or social situations. There is no reason AIDS victims cannot continue to work or participate in other appropriate activities as long as

they feel physically able. However this is not the experience of many AIDS victims. They are frequently fired from their jobs and avoided in all social relationships.

Even rumors of AIDS can significantly interfere with relationships. Richard Prior, in a recent interview with Barbara Walters, spoke with anger about the rumors of him having AIDS. He talked of people refusing to get on an elevator with him and withdrawing their hand before a handshake could be completed.

There seems to be a significant difference between what we know intellectually and how we respond emotionally.

Although the CDC's standards are accepted by the general public for all other illnesses, this same level of confidence is not given when AIDS is involved. An article in the Dec. 8 issue of Time, "AIDS Goes To Court," we see that the legal system is being called upon to determine if fear of contagion, even irrational fear, is sufficient to deprive AIDS patients of jobs and insurance.

Factual information and legal decisions are not enough to overcome the unreasonable fears or prejudices associated with AIDS. These prejudices must be examined as any other prejudice would.

Friday, December 12, 1988

Cum

by Theresa Trenkamp

The security system at

gives students and faculty

tection required to function

college. This protection is

by security guards such

Cummings.

Cummings has a bac

dealing with security an

forcement. Cummings sai

always like helping peop

because I like having po

also said she likes having

authority.

Cummings received her tr

law enforcement at H

Technical Institute. She too

forcement courses in fi

fingerprinting. Cummings

psychology. Cummings

about becoming a policew

one time, but changed her m

decided to get involved in

She said she didn't like the

riding in a police car for eigh

Cummings has been invol

the Dubuque Law Enforcem

plomers since 1981. The Exp

a group of young people wi

about the law enforcement

and have training similar to

officers. Cummings is the ad

her own explorers group an

Rape dis

by Susan Donovan

On Monday, Dec. 1, at 8 p.m., a nursing student at the University of Dubuque, informed a group of Clarke students about the most common misconception among college students surrounding the crime.

Maiers sponsored the program. Her independent study on sexual assault. A group of 10 to 15 students attended the program.

After handing out a questionnaire which asked the students what their definitions of rape were and whether they thought constituted rape, Maiers read through the questionnaires to help clear up any false ideas students had.

The group discussed their definitions of rape and the different types of rape.

Maiers informed the group that "date rape" was the most common type of rape among college students. A majority of these rapes are reported," said Maiers, "and the feelings of guilt felt by the victim when the rapist is an acquaintance are planned, occur during the day and involve male victims as well as female. The statistics reported rapes involving male



Stop and visit with one of our bankers and find out more about our range of services.

Galle excels as Officer Friendly

by Judy Bandy

"Last night our neighbors were fighting and the police came to their house!"

"My uncle got arrested one time for driving while he was drunk. Maybe you know him?"

Patrolman John Galle cringes as he relates some of the unsolicited comments he gets while visiting kindergarten through third grade classrooms. Officer Galle is a 16-year veteran of the Dubuque Police Department and the force behind the 10-year-old "Officer Friendly" program.

"You never know quite what to expect when dealing with children that age," said Galle, "but in spite of the occasional embarrassing moment, I find it very rewarding to be involved with the program."

"Officer Friendly" began as a Community Action program 25 years ago in Evansdale, Ill. Funded by the Sears-Roebuck Foundation, it was implemented in the Dubuque School System in 1976.

Galle's enthusiasm is evident as he leans back in his swivel chair. Hands behind his head, he recalls visiting his three sons' classrooms. Although unimpressed with the police gear they were already familiar with, he suspects they enjoyed showing him off a little.

"Schools are changing," said Galle, "and police work is changing too. Communities are demanding that schools and police become more relevant and effective."

The "Officer Friendly" program is one way the schools and police work together to meet that need. In many cities the program has helped bridge the gap between police and community by giving children the chance to become acquainted with a police officer in a friendly and informal setting.

"The teacher is expected to set the stage prior to each of three classroom visits, which are usually spread out evenly over the year," said Galle. He explained that the first

visit is an introductory period during which the teacher and pupils get to know him. "Officer Friendly" explains that first of all, he is a parent or family person just like anyone else. Each child gets to meet the officer individually. The initial contact with the children is important in establishing rapport for future sessions.

The officer usually begins by telling the children about the police department as a branch of government, explaining that the community works together to protect lives, property and the health of its citizens by obeying its laws and regulations. He explains that all countries, states and towns have some form of law enforcement and that even though differences may exist in rules, regulations, types of uniforms or color of patrol cars, all citizens are expected to know and obey the laws of their particular area.

According to Galle, the children are astonished when he tells them that the equipment used most often by a police officer is his pencil. "I start out by asking them what piece

of equipment they think an officer uses most often," said Galle. "Inevitably, they respond with shouts of 'gun' or 'handcuffs.' Sometimes, they're a little disappointed to find that much of a police officer's time is spent in the office making out reports and tending to other paper work, but I also think it helps to dispell some of the fears that most children have about law officers."

The second visit is mainly a teaching period when "Officer Friendly", the teacher and pupils participate in a structured learning experience, keeping with the purpose and concepts of the program.

"I talk to the children about all aspects of safety," said Galle, "encouraging them to obey crossing guards and traffic signals when walking to and from school."

Other topics emphasized are bicycle safety, respecting property and how to report an emergency in case of accident or injury. For children of this age, there is also the fear of being lost, so they are instructed on what to do if this should happen. Galle smiles as he recalls a recent

case in point.

"Chief O'Brien popped into my office one day and described how he had encountered a little boy sitting on the curb, crying. Upon learning that the boy was lost, the chief showed the boy his identification and offered to help. However, the boy wouldn't budge, insisting that the only one he would talk to was "Officer Friendly."

"It's times like this that really make me feel good about what I'm doing," smiles Galle. That's not all John Galle should feel good about. He devotes much of his free time to coaching Little League teams in the city and to date, two of his former players have become police officers.

Does he think he had any influence in those decisions? He flashes a big smile. "I sure would like to think so," he said.

The third visit to the classroom is mainly a reinforcement lesson. Officer Galle goes over the material that was discussed in the two previous visits and answers any questions the children may have. "I thank the teacher and students for their

cooperation and participation and each child is presented with a Junior Citizen's Certificate," said Galle. "I explain that the certificate is an award for being a good citizen and knowing and obeying all laws."

When asked what kind of feedback the Department receives about the program, he shuffles through the clutter on his desk and comes up with a report that shows a 97 percent positive response, nationwide.

"The feedback I receive personally is the most gratifying," he elaborates. "I make approximately 700 visits to classrooms each year and no matter where I go, youngsters stop me on the street and remind me that at one time or another, I visited their school. I always remind them that they don't have to have an emergency to come and talk to us. If they have a problem, we can't always solve it, but we can usually steer them to someone who can help."

The youngsters of Dubuque are lucky to have a program like "Officer Friendly"...and a friend like John Galle.

WHEN IS THE RIGHT TIME TO CALL YOUR BOYFRIEND?

- When the president of Phi Gamma Delta asks you to Saturday night's Fiji Formal.
- After raquetball class, to tell him that the instructor with the Australian accent and those blue eyes did wonders for your serve.
- When you just feel like telling him you miss him after all.

Maybe you shouldn't tell him everything that's going on. But if you still care about him, why not call and whisper some sweet things he'll never forget?

Like why you call using AT&T Long Distance Service, and why you trust AT&T's high quality service and exceptional value.

When you tell him that AT&T gives you immediate credit if you dial a wrong number, he won't be able to get you out of his mind.

And telling him you can count on AT&T for clear, long distance connections will drive him crazy.

All of which will probably inspire him to drive out for the weekend, giving you an excuse to blow off that silly frat party after all.



AT&T
The right choice.

Nannies Needed - N.Y. Area
Caring Families, Excel Sal.
Send for Free Brochure NAN-
NIES ACROSS AMERICA,
INC. 24 Beechwood Rd. Hart-
sdale, N.Y. 10530 (914)
949-7637

Cinema 8
544-3000
75 J.F. KENNEDY ROAD

Starts Fri., Dec. 12
THREE AMIGOS (PG)
1:00, 3:15, 5:15, 7:20 & 9:35

Starts Fri., Dec. 12
THE GOLDEN CHILD (R)
1:05, 3:15, 5:10, 7:15 & 9:20

STAR TREK IV (PG)
1:20, 4:00, 7:00 & 9:15

SONG OF THE SOUTH (G)
1:00, 3:00, 5:00, 7:00 & 9:00

AN AMERICAN TAIL (PG)
1:15, 3:10, 5:10, 7:10 & 9:05

CROCODILE DUNDEE (PG-13)
1:00, 3:10, 5:05, 7:10 & 9:25

CHILDREN OF A LESSER GOD
1:25, 4:05, 7:00 & 9:25

FIREWALKER (PG)
1:30, 4:10, 7:05 & 9:25

© 1986 AT&T

Volume LVIII
High

by Mike Tharp
Now that Clarke students have experienced college life, the fun memories of the past. The high school days are only some local students who are experiencing the best of both worlds at the same time. They are the school juniors and seniors belong to Clarke's Intersect Program.

Intersect was initiated by about 13 years ago. It qualified high school students to head start on their college life and get some exposure to a head start on their college life. The program is open to school students within a 50 mile radius of Dubuque, who have completed most of their high school curriculum and are ready for challenging courses offered at college.

Student tea Nurturing P

by Kelly Smith

Positive living skills such as communication and improvement are among the many taught by Jan Jacobson through the Nurturing Program.

Offered through the Dubuque Jackson County Mental Health Department, the Nurturing Program began in 1984. Jacobson said there was a definite need for families to learn better parenting techniques and how to cope with another more effectively.

Parents who are abusive or emotionally abusive are referred to the program through various human service agencies. Jacobson said parents must be referred and is no fee for the services offered.

Classes meet once a week at St. Luke's Methodist Church. Parents receive a worksheet and have assigned, required to complete each week.

Role-playing is also practiced. This helps the parents handle family situations that confront them outside the classroom. The program continually re-emphasizes that physical punishment is never acceptable and that there always is an alternative," Jacobson said.

The program serves the family, offering separate classes for all members. Even a nursery school for little ones at home, according to Jacobson.

As a social work major, Jacobson has had experience teaching and basic living skills to nonreferred adults through a program.

To Send Vicki
use the f
MIC
Univ
lowe